

Caboolture Veterans’ and Families’ Wellbeing Hub August timetable

Location for all activities: Shop 1/ 12 King Street, Caboolture QLD 4510
RSVP to: vwc@liveslivedwell.org.au



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					No events	No events
3rd Coffee and Chat Time: 9:00 -11:00am Where: The Hub Come in for a tea, coffee or cold drink and catch up with our team. A perfect way to meet new friends or catch up with those you've met at the hub already. No need to RSVP, just drop in! SVSO Lou – onsite all day Feel free to drop in and ask any DVA related questions as well as check up on any claims	4th No Activity – Prep for LLW Veterans Day	5th LLW Veterans Day Time: 9:30 - 3:00pm Join us out at Veterans Day where Veterans can link in with services around Caboolture area. With guest speakers and lunch provided, it will be a fun day out for the Veterans and their families. RSVP by: Monday 27 July to vwc@liveslivedwell.org.au Phone: 07 5600 1386	6th No Activity – Pack up for LLW Veterans Day	7th Pancake Friday Time: 9:00 -10:30am Where: The Hub Join in our infamous Pancake Friday! Relax and enjoy freshly made pancakes and a cuppa, while you catch up in our Hub Café. No need to RSVP, just drop in!	No events	No events
10th Coffee and Chat Time: 9:00 -11:00am Where: The Hub Come in for a tea, coffee or cold drink and catch up with our team. A perfect way to meet new friends or catch up with those you've met at the hub already.	11th Arts & Crafts Workshop Time: 10:00 -11:00am Where: The Hub Join us as we run our monthly Arts & Craft Group. This month’s project: We’re making game card holders – perfect for your next game night!	12th Group Cooking Activity Time: 10:00 -11:30am Where: The Hub Join us for our cooking group where chef Mark will teach you how to prep veggies like a chef and cook up a special fried rice. RSVP by: Friday 7 August to vwc@liveslivedwell.org.au	13th Coffee and Chat Time: 9:00 -11:00am Where: The Hub Come in for a tea, coffee or cold drink and catch up with our team. A perfect way to meet new friends or catch up with those you've met at the hub already.	14th Pancake Friday Time: 9:00 -10:30am Where: The Hub Join in our infamous Pancake Friday! Relax and enjoy freshly made pancakes and a cuppa, while you catch up in our Hub Café.	No events	No events

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17th Coffee and Chat Time: 9:00 -11:00am Where: The Hub Come in for a tea, coffee or cold drink and catch up with our team. A perfect way to meet new friends or catch up with those you've met at the hub already. No need to RSVP, just drop in! SVSO Lou – onsite all day Feel free to drop in and ask any DVA related questions as well as check up on any claims	18th Games Morning Time: 9:00 -11:30am Where: The Hub Do you like Jenga, chess or even playing a game of cards? If so, this is the place to be! Come and join us here at The Hub for games morning! No need to RSVP, just drop in!	19th Sizzle, Social, and Smile Time: 11:00am – 1:00pm Where: Apex Park, Caboolture Come and join us for a relaxed afternoon of BBQ and chat in the fresh air! Grab a delicious sausage on bread, soak up the sunshine, and enjoy great company. Don't forgot to bring favourite picnic rug or a comfy chair – and your appetite! We can't wait to see you there! RSVP By: Wednesday 12 August to vwv@liveslivedwell.org.au Phone: 07 5600 1386	20th Coffee and Chat Time: 9:00 -11:00am Where: The Hub Come in for a tea, coffee or cold drink and catch up with our team. A perfect way to meet new friends or catch up with those you've met at the hub already. No need to RSVP, just drop in!	21st Pancake Friday Time: 9:00 -10:30am Where: The Hub Join in our infamous Pancake Friday! Relax and enjoy freshly made pancakes and a cuppa, while you catch up in our Hub Café. No need to RSVP, just drop in!	No events	No events
24th	25th	26th	27th	28th		

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31st Coffee and Chat Time: 9:00 -11:00am Where: The Hub Come in for a tea, coffee or cold drink and catch up with our team. A perfect way to meet new friends or catch up with those you've met at the hub already. No need to RSVP, just drop in! SVSO Lou – onsite all day						

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