



Turning hope
into reality

Seeking help with drugs or alcohol or mental health concerns?

We can help.

We believe that with the right support people can change their lives and live well.

Lives Lived Well is a leading not-for-profit organisation with a skilled and dedicated team committed to providing inclusive support in a way that works for you.

Across QLD and NSW we offer individual counselling, group programs, withdrawal support, live-in rehabilitation and wrap around mental health support. Most of our services are free and don't require a referral, just get in touch.

Where we are

We support many communities through our services hubs and outreach teams. For location addresses, please visit the Our Locations page on the Lives Lived Well website.

Queensland

- › Greater Brisbane
- › Gold Coast
- › Sunshine Coast
- › Darling Downs and South Burnett
- › Central Queensland
- › North Queensland
- › Far North Queensland
- › Western Queensland

New South Wales

- › Central NSW
- › Blue Mountains
- › South Coast

Our live-in services are located in:

- › Caboolture
- › Gold Coast
- › Logan
- › Mareeba
- › Orange

Contact us

Queensland

- ☎ 1300 727 957
- ✉ info@liveslivedwell.org.au
- ✓ www.liveslivedwell.org.au

New South Wales

- ☎ 1300 596 366
- ✉ enquiries@liveslivedwell.org.au
- ✓ www.liveslivedwell.org.au

Passionate
about the
possibilities!

Alcohol, drug and
mental health support



How we help

We deliver a range of supports, though some are only offered in specific locations. To find out what's near you, give us a call or check out our website.

Alcohol & Drug Support

We provide on-site and outreach counselling and support across more than 30 locations in QLD and NSW. It is free and flexible and draws upon a range of evidence-informed therapies. We also provide information and tools to help family and friends better support loved ones. In some locations, we also run group programs.

Withdrawal and Detox Support

We provide community based withdrawal support with after hours support available. A more intensive live-in program is also offered at Wyla in Orange.

Day Rehabilitation - run over five-week cycles

Our Day Programs are similar to residential programs but don't require the overnight stays. They involve group therapy sessions, education, practical tools and strategies, life skills and counselling and support.

Live-In Recovery

We run low-cost residential and withdrawal programs for adults, as well as specialised programs for women, families and Aboriginal and Torres Strait Islander peoples. These programs include active support before and after admission and transitional accommodation options.

Young People

We have teams specially trained to work with young people who feel they need help with their use of drugs or alcohol. Our teams work with individuals and groups, including in some high schools.

Mental Health

We are the lead agency for headspace Southport on the Gold Coast, providing inclusive mental health support for young people aged 12 – 25. We also deliver Lighthouse on the Gold Coast, a free treatment service for young people with severe and/or complex mental health needs. We deliver NewAccess, developed by Beyond Blue, primarily across the Darling Downs, West Moreton and Western Queensland regions.

Women

Our teams work with women to provide alcohol and drug counselling as well as community-based support. We also provide a live-in program for women and children at Elouera in Orange and Logan (south of Brisbane).

Family Support

Our Logan Family Units enable parents to stay with their children while they undertake specialised live-in recovery. Our community based family programs use one-to one and family counselling and community education to support those affected by the drug or alcohol use of a loved one.



Change is possible!



Aboriginal and Torres Strait Islander Services

We bring cultural understanding and respect to all of our services, and have dedicated programs where we work in tandem with Elders, families and communities to support individuals. Shanty Creek provides a dedicated live-in residential program in Mareeba.

Community Re-Entry

The transition from a correctional facility back into the community can be daunting. Our programs help people prepare for this change and achieve positive outcomes on release. We also deliver in-prison AOD programs.

Education and Capacity Building

Free and fee for service, our educators provide training to the community and government sectors. We apply contemporary research-backed practice across topics including: Drug and Alcohol First Aid and Screening for Problem Gambling. We also have online options available.

Lives Lived Well Specialist Centre

Our medical practice is a safe and inclusive place that provides holistic care by our GP, psychologists, psychiatrists and allied health professionals.