



Living in at...

Wyla

AOD WITHDRAWAL & REHABILITATION

**Detox to recovery: all
under the same roof!**

Detox & Withdrawal

Taking that first step can be difficult, but our friendly team is here to help. We offer:

- ▶ voluntary medical detoxification for adults
- ▶ a safe environment
- ▶ 24-hour support
- ▶ a qualified team of drug and alcohol workers, case workers, registered nurses and a Senior Mental Health Clinician.

How long does it take?

Anywhere between six to 14 days depending on the type of drugs involved and the withdrawal symptoms. The average length of stay is seven days but each person's experience is different.

Residential rehabilitation

After detox, you are welcome to complete our holistic alcohol and drug residential treatment program. The program runs for six weeks, with the possibility to extend to 12 weeks, once in the program and if needed. Wyla residential treatment includes:

- › a 16-bed service
- › individual counselling
- › group sessions
- › drug and alcohol education
- › practical living skills, social, recreational and vocations programs
- › structured daily routines
- › mindfulness meditation
- › aftercare support.



Contact us

To find out if our service is the right option for you, or to make a referral, get in touch:

 **Building 31, Bloomfield Campus, Forest Rd
Orange NSW 2800**

 **www.liveslivedwell.org.au**

 **enquiries@liveslivedwell.org.au**

 **(02) 6361 2300**

 **(02) 6361 7400**


Lives Lived Well
Passionate about the possibilities

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