



Lives Lived Well Well Notes



Hello!

It has been an eventful year for Lives Lived Well, with the introduction of a range of additional services and programs to provide alcohol and drug support that is accessible to more people in more locations across Queensland and NSW.

As you will read in this edition, a key focus for Lives Lived Well this year has been on giving families the information, tools and strategies to support a family member with a drug or alcohol problem.

We thank all of our funders, services partners and stakeholders for your support during 2018, and wish you a safe and happy Christmas. We look forward to working with you again in 2019.

Please note, you are receiving this e-news as you may have interacted with our organisation at one of our events; through your work with us in a partnering organisation or because you have signed up as a subscriber through our website.



Unique support service for families opens in Logan

The new year will see Lives Lived Well providing a unique drug and alcohol support service for families in south east Queensland through our new Family Recovery Units, which will accommodate parents receiving support as well as their children.



ICE Help - giving families the skills to support a loved one

As well as supporting people who are struggling with a methamphetamine problem, our ICE Help service works with family members to give them the strategies and skills to help a loved one. ICE Help has recently added a family group program for Aboriginal and Torres Strait Islander families in the Mackay area to the range of services it delivers.



Caboolture services now include withdrawal and day rehabilitation

People living in the northern suburbs of Brisbane can now access withdrawal support and day rehabilitation services, as well as our existing drug and alcohol counselling services, which are offered at Caboolture, Redcliffe, Deception Bay and Strathpine.



On the road with Breakthrough for Families

Giving families the knowledge and tools to manage and support a family member with a drug or alcohol issue is the focus of our new Breakthrough for Families program – and the team has been busy delivering support the length and breadth of Queensland.



Lives Lived Well is a not-for-profit drug and alcohol service provider dedicated to helping those in need.

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