

## Live-in and recover

If you're interested in live-in drug and alcohol recovery, we run three, low cost residential facilities. Our live-in programs are offered at:

**Mirikai** – West Burleigh on the Gold Coast for people 18–29 years. Mirikai also offers a shorter 28-Day program.

**Logan House** – Tranquil, rural setting at Chambers Flat, Logan helping adults over 18 years.

**Shanty Creek** – On farmland at Mareeba, west of Cairns supporting Aboriginal & Torres Strait Islander people, 18 years and over.

**Transitional Accommodation** – Helps people who are ready to leave our recovery facilities after tackling their addiction. We assist by providing accommodation and support to help with re-entry to education and employment.

## headspace Southport

Lives Lived Well is the lead agency for headspace Southport, which provides support for the mental health of young people aged 12-25. headspace Southport provides an integrated, multi-disciplinary team offering support for young people with mild to complex mental health needs as well as providing support for their families.

To find out more or make an appointment, phone **07 5509 0900**.

## Where we support

Our service hubs are the centre for our community services and outreach to surrounding communities, including:

- **Brisbane North**- Caboolture, Deception Bay, Redcliffe, Strathpine
- **Brisbane South**- Beenleigh, Logan, Beaudesert
- **Gold Coast**- Burleigh, Nerang, headspace Southport
- **Sunshine Coast**- Maroochydore
- **Central Queensland**- Rockhampton, Gladstone, Biloela, Yeppoon
- **North Queensland**- Mackay, Townsville, Ayr, Charters Towers, Hughenden, Richmond, Cairns, Mareeba
- **Western Queensland**- Longreach, Barcaldine
- **Darling Downs**- Toowoomba, Dalby, Gatton, Warwick, Pittsworth, Oakey, Tara
- **South Burnett**- Kingaroy, Murgon, Cherbourg

If you or someone you know has a problem with drugs or alcohol contact us today

Call us on **1300 727 957**

Email us at [info@liveslivedwell.org.au](mailto:info@liveslivedwell.org.au)

Check out our website [www.liveslivedwell.org.au](http://www.liveslivedwell.org.au)



DRUG AND ALCOHOL SUPPORT

Passionate  
about the  
Possibilities

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FOR A CHAT



  
**Lives Lived Well**  
Passionate about the possibilities

  
**Lives Lived Well**

## Who we are

Lives Lived Well is a leading, non-government organisation for people who are experiencing difficulties with their use of alcohol and other drugs or mental health. We believe in providing the support you need in a way that works for you: individual counselling in person or by phone, group programs, withdrawal support, short or long stay rehabilitation, outreach services in your home or school. When people are ready, we are there with the tools, time and expertise to support them.

## How we can help

We offer a range of professional and confidential alcohol and drug treatment programs and mental health services. Most of our services are free and you don't need a referral. We believe in turning hope into reality and creating positive change to see that lives are lived well.

**For advice, call us on 1300 727 957 and we will talk to you about the outcomes you are looking for and how we can best help you.**



**“Turning hope  
into reality”**

## Who we support

We work with people of all ages and backgrounds. We respect that people have different needs so we also offer specialised programs.

**Aboriginal and Torres Strait Islanders** – We work with Aboriginal and Torres Strait Islander people to overcome drug and alcohol problems and bring about a sense of wellbeing. We bring cultural understanding and respect to our counselling services and provide support for families and friends.

**Young people** – Most young people will experiment with drugs or alcohol at some stage. For some, drinking or drug taking can become a problem. Our staff are specifically trained and experienced to support young people who feel they need to get back on track. Also available are specialist programs for young families and those with children.

**Community re-entry** – We provide specialist programs to people leaving correctional facilities to support successful transition back to the community.

**Families** – When someone you care about has a problem with alcohol or drugs it can be overwhelming. We have a range of family therapy and support groups that can provide information and tools to better support families with a loved one dealing with drug or alcohol.

## Banjara Medical Centre

Located at Burleigh Heads, Banjara provides a general medical practice as well as counselling, drug and alcohol addiction, psychiatric and psychological services. Accepting referrals and seeing adults, teenagers and children, we are a one-stop-shop specialist centre, offering a holistic approach to health care. We offer treatment for a broad range of medical and mental health conditions.

GP bulk-billed services are available. If you would like to make an appointment, please call **07 5508 0950**.