

turning **hope**
into **reality**

Getting in to
Mirikai

Do I need a referral?

Referrals are accepted but you don't need one. If you are aged between 18 and 35 and you have a problem with drugs or alcohol, give us a call.

To get started, give our friendly team a call on **1300 727 957** and make an appointment for an assessment.

How much does it cost?

We aim to provide accessible and affordable residential treatment.

You will need to pay some money towards your stay, usually a portion of your Centrelink payment. The amount depends on the type of benefit or payment you receive.

Want more
info?

Mirikai is part of Lives Lived Well, a leading drug and alcohol support organisation. While at Mirikai Recovery Centre, you can access other Lives Lived Well programs and specialist services.

We are located at: 191 West Burleigh Road, Burleigh Heads, QLD. If you want to learn more, give us a call or inquire by email.

 **1300 727 957**

 **07 5576 2512**

 **www.liveslivedwell.org.au**

 **info@liveslivedwell.org.au**



Mirikai

DRUG AND ALCOHOL
RESIDENTIAL TREATMENT

Place of Peace



Want to make a change?

At Mirikai we aim to walk alongside, listening with respect, curiosity and acceptance.

We see it as our role to create a safe, supportive and structured environment that inspires genuine and lasting change.

Our renewed alcohol and drug residential treatment program aims to capture best practice and deliver quality care with qualified facilitators.

Serving the community, Mirikai is putting our experience, connections and dedication into changing lives.

Our team

Our professional and qualified team is made up of psychologists, social workers, counsellors and an on-site nurse. We also have access to an on-site medical practice with GPs, psychological and psychiatric specialists allowing us to offer a whole package of care.

We work closely with other services in the areas of mental, oral, sexual and general health, Centrelink and legal support.

Guide to the program

We're here for you

You can receive support from the moment you contact us, until you are fully settled back into the community.

That's because you can access Lives Lived Well services before, during and after your stay.

Before, you can see a Lives Lived Well counsellor in the community and get immediate support. We will also help you prepare to enter residential treatment.

After, we can offer you transitional accommodation and ongoing counselling support. We can also help link you with other services that you may need, such as education, childcare or employment.

a supportive community environment



During treatment

We know entering residential treatment is a big step. From day one, we will aim to make you feel welcome and understood, as we get to know you and your needs.

To begin with, you will be introduced to a treatment facilitator who will work with you to tailor a range of supports to match your needs.

You will receive one-to-one counselling in which you can set goals, ask questions and guide your treatment. We bring empathy and collaboration to our approach, believing you are the ultimate decision-maker in your future.

We also take a "community" approach to treatment, upholding the values of integrity, trust, leadership and accountability.

You will be encouraged to participate in community living and take on daily tasks and responsibilities. Here you can learn life skills, build confidence and gain insight into how you relate to others, always within an environment of support.

As you move through the program, you will meet regularly with your treatment facilitator and can review and adapt your treatment plan in line with your progress. The program is delivered over six-week cycles and longer stays are negotiated with you, if needed.